

# SMOOTHIES

## TOTAL ENERGY

Strawberry, Banana / 310 cal

## TOTAL ENERGY PLUS

Strawberry, Banana, Kale, Spinach / 350 cal

## CARLO'S DETOX

Green Apple, Spinach, Kale, Banana, Lime, Honey / 300 cal

## THE DIMMER

Mango, Pineapple, Kale, Spinach, Banana / 270 cal

## VERY BERRY

Blueberry, Coconut H2O, Strawberry, Banana, Lime / 220 cal

## RAZZLE DAZZLE

Rasperry, Coconut H2O, Strawberry, Banana, Lime / 220 cal

## NORTHERN BERRY 230 cal

Michigan Cherries, Blueberries, Strawberry, Banana, Coconut H2O / 230 cal

## BANANA NUT

Banana, Honey, Choice of Almonds, AB, or PB / 270 cal + Nuts

## ALIVE

Peaches, OJ, Strawberry, Banana / 210 cal

## ANNA'S

Blueberry, Coconut H2O, Strawberry, Banana, Lime, PB / 410 cal

## SKINNY DIP

Strawberry, OJ, Banana / 200 cal

## POOKIE'S

Blueberry, Kale, Banana, Coconut H2O, Vanilla Whey / 330 cal

## THE BOSS

Avocado, Spinach, Cucumber, Green Apple, Banana, PB / 530 cal

## COLOMBIAN

Banana, Coffee, Mocha, Froyo, Honey / 350 cal

## COLOMBIAN PLUS

Banana, Coffee, Mocha, Almond Milk, Peanut Butter / 500 cal

## YOGURT DELIGHT

Choice of Fruit, Non-Fat Yogurt, Banana, Honey / 280 cal + Fruit

## MANGO TANGO

Mango, Pineapple, Cream of Coconut, Banana, Honey / 360 cal

## EXTRAS

Vanilla Whey Protein, Chocolate Whey Protein, Vegan Protein, Collagen Protein, Get Resistance, Get Youthful, Get Essentials, Get Lean, Get Energized, Get Regular, Locally Sourced Peanut Butter and Almond Butter, Chia Seeds, Almonds, Flax Seed, Ginger, Turmeric, Granola, Maca, Cacao, Acai.

# SMOOTHIE BOWLS

## ACAI SMOOTHIE BOWL

A base of Blueberry, Banana, Coconut Water, Honey. Topped with Freshly Sliced Strawberries, Carlo's Granola, and Chia Seeds / 970 cal

## BUILD YOUR OWN BOWL

A base of Banana, Coconut Water, Honey, and

### CHOICE OF FRUIT:

Strawberry, Blueberry, Raspberry, Mango, Pineapple, Peach, or Banana

### TOPPINGS: Pick Three

Strawberry, Banana, Apples, Granola, Dried Cherries, Almonds, PB or AB

# BEVERAGES

## INFUSED LEMONADE

Cold Pressed Lemonade Infused With Choice of: Blueberries, Strawberry, Pineapple, Peach, Mango, Cherry, or Mint / 120 cal + Fruit

## HOT LEMONADE

Hot Lemonade Infused With Choice of: Turmeric, Ginger, Blueberries, or Cherries / 120 cal + Fruit

# RAW JUICE

## 100% FRESH RAW JUICE

Cucumber, Celery, Parsley, Spinach, Kale, Cilantro, Beet, Carrot, Ginger, Green Apple, Pineapple, Lemon, Grapefruit, Orange  
16oz / 20oz

## GREEN MACHINE

Wheat Grass, Cucumber, Celery, Parsley, Spinach, Kale, Lemon  
16oz / 56 cal , 20oz / 70 cal

## THE VERDE

Cucumber, Celery, Parsley, Spinach, Kale, Lemon  
16oz / 48 cal , 20oz / 60 cal

## UP BEET

Beet, Green Apple, Carrot, Kale, Cucumber, Spinach, Lemon  
16oz / 78 cal , 20oz / 98 cal

## THE ROOT

Carrot, Green Apple, Ginger  
16oz / 96 cal , 20oz / 120 cal

## CITRUS CIRCUIT

Grapefruit, Orange, Green Apple, Ginger  
16oz / 111 cal , 20oz / 139 cal

## CALIENTE

Cilantro, Cucumber, Ginger, Celery, Spinach, Lemon, Cayenne  
16oz / 38 cal , 20oz / 48 cal

## WHEAT GRASS SHOT

Single 15 cal / Double 30 cal / Triple 45 cal

# BOTTLED

## HERBAL + HYDRATE

Watermelon, Lime, Mint

## EARTHY + ESSENTIAL

Apple, Carrot, Orange, Beet, Ginger

## FRESH + FOCUSED

Carrot, Apple, Ginger, Lemon

## PEPPER + POISE

Pineapple, Water, Apple, Lime, Basil, Jalapeño

## CRISP + CULTIVATE

Apple, Cucumber, Celery, Parsley, Collards, Spinach, Lemon, Ginger

## BRIGHT + BOOST

Apple, Grapefruit, Collards, Kale, Spinach, Ginger

## LIGHT + LEAN

Celery, Cucumber, Kale, Romaine, Lemon, Parsley



# WRAPS

## THE ORIGINAL

Egg White, Tomato, Cheddar, Avocado / 320 cal\*

## FUEGO HUEVO

Egg White, Roasted Tomatoes, Spinach, Muenster, Spicy Cilantro Sauce/ 400 cal\*

## AVOCADO TURKEY

Turkey, Avocado, Hummus, Romaine, Tomato, Muenster / 380 cal\*

## CILANTRO CHICKEN

Chicken, Tomato, Romaine, Cheddar, Avocado, Spicy Cilantro Sauce / 420 cal\*

## SPICY GRIEGO ( VEGETARIAN )

Cucumber, Spinach, Beets, Spicy Asparagus, Roasted Tomatoes, Hummus, Feta / 280 cal\*

## PB+J

Peanut Butter, Jelly, Carlo's Granola, Banana / 570 cal\*

# SALAD BOWLS

## PRESCOTT BOWL

Quinoa, Romaine, Corn & Black Bean Salsa, Tomatoes, Cheddar, Avocado, Lime Vinaigrette / 710 cal\*

## BOP BOWL

Quinoa, Spinach, Carrots, Avocado, Cucumber, Edamame, Red Onions, Sesame Seeds, Carrot Ginger Dressing / 380 cal\*

## STRAWBERRY+ALMOND BOWL

Kale, Spinach, Quinoa, Strawberries, Almonds, Feta, Chicken, Balsamic Vinaigrette / 526 cal\*

## HUMMUS+BEET BOWL

Kale, Quinoa, Hummus, Beets, Tomatoes, Feta, Cucumber, Red Wine Vinaigrette / 298 cal\*

## DRESSINGS:

Red Wine Vinaigrette 354 cal, Balsamic Vinaigrette 370 cal, Lime Vinaigrette 301 cal, Spicy Cilantro\* 298 cal, Carrot Ginger 206 cal

# CREATIONS

## CREATE YOUR OWN SALAD BOWL

Choose a Base of: Kale, Spinach or Romaine

## CREATE YOUR OWN WRAP

Chicken / Turkey / Egg White / Veggie

## PICK 5 TOPPINGS

Almonds\*, Apple, Avocado, Banana Peppers, Beets, Carrots, Cheddar, Chicken\*, Corn & Black Bean Salsa\*, Cucumber, Dried Cherries\*, Edamame\*, Feta\*, Garbanzo Beans, Hummus, Jalapeños, Kalamata Olives\*, Kale, Muenster, Quinoa\*, Red Onion, Roasted Tomatoes\*, Romaine, Spinach, Spicy Asparagus\*, Strawberry, Tomatoes, Turkey\*

\*premium toppings are extra

\*FOR ACCURATE CALORIE INFORMATION, PLEASE ADD ADDITIONAL CALORIES TO YOUR ITEMS BASED ON YOUR CHOICE OF TORTILLA, DRESSING, FRUITS, OR MODIFICATIONS. FOR MORE INFORMATION ABOUT NUTRITION, PLEASE CONTACT US AT BEYONDJUICEDETROIT.COM

YOUR NEIGHBORHOOD FULL SERVICE JUICE BAR

RAW JUICE - SMOOTHIES - SOUPS - WRAPS - SALADS - CLEANSERS - EATERY - CATERING - METRO DETROIT



FOR MORE INFO VISIT:  
BEYONDJUICEDETROIT.COM

