

BREAKFAST UNTIL 11 AM

BISCUITS (choose 1 meat) 2.25 each
Ham, Turkey Sausage or Bacon
*Add cheese or egg for \$1, add both for \$1.50

SCRAM-BOWLS 7.95
Choose any ingredients and we scramble them up with 3 eggs and serve on top of breakfast potatoes with toast.
-onion -shredded cheese
-green pepper -turkey sausage
-mushrooms -ham
-bacon

KIDS EGGS 5.00
2 scrambled eggs, potatoes, and toast.

OMELETTES 7.95
Choose any ingredients for your 3 egg omelette and served with potatoes and toast on side.
-onion -shredded cheese
-green pepper -turkey sausage
-mushrooms -ham
-bacon

FABULOUS FRENCH TOAST 6.95
Made with real French bread! Choose your spread and then topped with powdered sugar and whipped cream is optional. Served with fresh fruit on the side.
Spreads: Nutella, Blackberry Preserves, Apple Butter or Maple Syrup

BREAKFAST SANDWICHES

served on your choice of wheat, rye, croissant, sourdough or French bread, with lettuce tomato mayo and an apple 7.95

Ham Egg 'N Cheese

Turkey Sausage Egg 'N Cheese

Bacon Egg 'N Cheese

BAKERY MENU

COOKIES
.99 each | 10.00 Dozen
Our Famous Lemon Cookie
Chocolate Chip
Oatmeal Raisin
Sugar
Peanut Butter
Macadamian
Snickerdoodle
Date Bar with Walnuts
Almond Cookies

COOKIE TRAYS
48 piece 50.00
96 Piece 85.00
INCLUDES:
Lemon
Chocolate
Sugar
Date Bars
Brownies

HOME - BAKED GOODIES
Old Fashioned Tea Cake 2.95
Iced Tea Cake 3.95
Almond, Chocolate or Salted Caramel
Fudge Walnut
Brownie 3.95

POUND CAKES
5-flavor, Lemon, Caramel Glazed
Slice 3.95
Loaf 25.50
Whole 35.50
Chocolate Bar Pound Cake
Slice 4.95
Loaf 30.00
Whole 40.00

FRESH CAKES
Red Velvet, Carrot Cake, Chocolate, Italian Cream, Strawberry and Coconut
Slice 5.50
Whole 52.50
One Layer Cakes 28.50

CUPCAKES
Chocolate, Strawberry, Red Velvet, and Vanilla
Half Dozen 15.00
Dozen 27.00

GLUTEN FREE BAKERY ITEMS
Cookies 1.25 Each | 13.00 Doz
Pound Cake 3.95 Slice | 25.50 Loaf
Red Velvet Cupcakes 15.00 Half Dozen

HAM'N GOODY'S®

www.hamngoodys.com

Northshore 865-584-2246 | Cedar Bluff 865-337-7162

*Don't forget the
lemon cookies*



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FIND US ON INSTAGRAM!

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CLASSIC COLD SANDWICHES GLUTEN FREE BREAD IS AVAILABLE FOR SANDWICHES

(WITH CHIPS AND A DILL PICKLE) 7.95

Served on your choice of Wheat, Rye, Sourdough, French bread or Croissant with lettuce, tomato, mayo and spicy brown mustard... Choose one of the following:
also available in lettuce wraps

Ham	BLT (no mustard)
Roasted Turkey	Roast Beef
Smoked Turkey	Corned Beef

*Add bacon or cheese for \$1

*Cheese options: Swiss, Provolone, American, Smoked Cheddar, Pepper Jack and Sharp Cheddar

MORE COLD SANDWICHES

(WITH CHIPS AND A SWEET PICKLE) 7.95

Served on your choice of Wheat, Rye, Sourdough, French bread, or Croissant with lettuce and tomato...
Choose one of the following:
also available in lettuce wraps

Chicken Salad	Ham Salad
Turkey Salad	Pimento Cheese

*Add bacon or cheese for \$1

*Cheese options: Swiss, Provolone, American, Smoked Cheddar, Pepper Jack and Sharp Cheddar

LUNCH COMBOS 8.50

½ of a cold sandwich, bag of chips or apple and a cup of soup.

FOR THE KIDDOS 5.00

Sandwiches are served with choice of chips or apple and pickle

TURKEY 'N CHEESE, HAM 'N CHEESE, PB 'N J, GRILLED CHEESE

^{GF} Gluten Free Option

SPECIALTY SANDWICHES GLUTEN FREE BREAD IS AVAILABLE FOR SANDWICHES

(WITH CHIPS AND A DILL PICKLE) 8.50

REUBEN

Shaved corned beef, kraut, Swiss and 1000 Island grilled to hot perfection on toasted rye.

KIL-ROY

Breaded chicken filet, ham, melted Swiss & smoked Cheddar, mayo, mustard, lettuce & tomato.

THE TBC

Turkey, bacon & sharp Cheddar grilled and served hot with honey dijon... 'cause its delicious!

CISCO

Ham, turkey, melted Swiss & smoked Cheddar, mayo, mustard, lettuce & tomato.

NORTHSHORE HAM 'N CHEESE

Ham, Provolone & mango chutney grilled and served hot!

TRIPLE GRILLED CHEESE 'N BACON

Thick applewood smoked bacon, Swiss cheese, sharp & smoked Cheddars.

BLT 'N PIMENTO CHEESE

House crafted pimento cheese, thick bacon, lettuce 'n tomato served on sourdough bread.

CHICKEN BLACK JACK

Blackened chicken breast with melty Pepper Jack cheese on French bread, spread with garlic pepper mayo served with lettuce and tomato.

VEGGIE BLACK JACK

Black Bean burger with melty Pepper jack cheese on a French bread, spread with garlic pepper mayo served with lettuce and tomato.

CEDAR BLUFF TURKEY 'N CHEESE

Grilled onions, mushrooms, turkey with Swiss cheese and garlic pepper mayo on French bread.

HOMEMADE SOUPS 'N COLD SALADS

SOUPS

Served with corn muffins in the following sizes:

8 oz 3.49 / 16 oz 4.50 / QUART 9 / GALLON 32

We have an ^{GF} All Vegetarian Vegetable Soup,
^{GF} Ham 'N Bean Soup and a Soup of the Day.

^{GF} CLASSIC SALADS

8.50

Crisp lettuce, tomato and shredded Cheddar cheese served with your choice of 1 meat option:

Ham, turkey, smoked turkey, chicken salad, turkey salad, ham salad, chopped breaded chicken filet or grilled chicken breast

*Dressing Options: Ranch, Honey Dijon, 1000 Island and Golden Italian.

DRINKS

COFFEE, SWEET TEA/UNSWEET TEA, LEMONADE, COKE PRODUCTS
ORANGE JUICE AND APPLE JUICE

1.75 EA. / 2.95 1/2 GALLON / 4.75 GALLON

^{GF} Gluten Free Option