

Kids Yoga 2nd-5th Grade



Kidding Around Yoga™

Created by Haris Lender, ERYT 500, Kidding Around Yoga encompasses the 5 branches of Yoga in a clear engaging method.

A typical KAY class gets the children singing, dancing, skipping, marching, jogging, shaking, laughing, hopping, limbo-ing, and storytelling ALL while practicing Yoga to original KAY music. It is SO much fun your kids will LOVE it! More information about Kidding Around Yoga can be found at kiddingaroundyoga.com.

Mari Ann is an RYT 200 yoga teacher with additional training in “Kidding Around Yoga™”.



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5-Week Series

Saturdays

1:45-2:45pm

**October 21-
November 18**

Led by

**Mari Ann
Pace-Bleau**

***Minimum of 4 students
required. Please
register via phone,
website, in-studio or on
Facebook. Payment is
due at first class.***