FIRST TIME DONOR CHECKLIST

We're glad you've made the decision to become a Grifols plasma donor. Please read this document carefully to make sure you have everything you need to start donating plasma. We look forward to seeing you soon.

TO BECOME A DONOR, YOU MUST:

- Meet the age requirement:
 - From 18 to 69 years old at Biomat USA and PlasmaCare locations
 - From 18 to 64 years old at Talecris locations
 - NOTE: Nebraska residents must be at least 19 years old
- Weigh at least 110 lbs and be in generally good health
- Make an appointment (if your plasma donation center has an appointment system in place.)

BEFORE YOUR VISIT:

- Get a good night's sleep
- Drink lots of water on the day you donate
- Eat a healthy meal (low in fat and cholesterol) within two hours of your visit
- Don't use tobacco for an hour before donating
- Avoid alcohol and caffeine on the day you donate
- Avoid strenuous activity an hour before donating
- Gather all the necessary paperwork (see below)

YOU'LL ALSO NEED TO BRING EACH OF THESE TO YOUR FIRST DONATION:

1. A valid photo ID.

Make sure you have one of the following:

- Driver's license / State-issued ID card
- Passport
- Military ID
- School ID (along with a copy of your birth certificate)

2. Proof of your social security number.

Make sure you have one of the following:

- Social Security Card
- W-2 or paycheck stub (that includes full name and full social security number)
- Social Security Verification (obtained from your local Supplemental Security Income office)
- If you are not a US citizen: you may provide proof of Individual Taxpayer ID Number (ITIN)

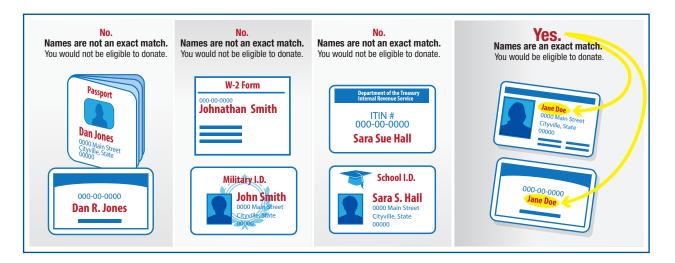
3. Proof of address.

Make sure you have one of the following:

- Driver's license or state-issued ID (as long as address is current)
- W-2 or paycheck stub (as long as current address is shown)
- Mail with your name and address printed on the envelope (postmarked within the last 30 days)

• Copy of your current household lease

THE NAME ON YOUR PHOTO ID MUST BE AN EXACT MATCH TO THE NAME ON YOUR SOCIAL SECURITY CARD (or INDIVIDUAL TAXPAYER ID NUMBER (ITIN)). OTHERWISE YOU WILL NOT BE ABLE TO DONATE. (See below)



GRIFOLS Pride for Donors. Passion for Patients.