



Food Allergen & Sensitivities Guide

Allergens

Sensitivities

Milk	Egg	Peanut	Tree Nuts	Fish	Shellfish	Soy	Wheat	Gluten	MSG
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Chicken

Broasted Chicken							x	†	x
Grilled Chicken							x	†	x
Wing Dings							x	†	x
Chicken Tenders							x	†	x
Tender Bites				•	•		x	†	x

Sandwiches

Chicken Sandwich with Broasted Chicken		x					x	†	x
Chicken Sandwich with Grilled Chicken		x					x	†	x
Fish Sandwich with Tilapia		x		x	•		x	†	x
Shack Wrap							x	†	x

Sandwich sides and toppings

Flour Tortilla							x	†	
Sandwich Bun							x	x	†
Leaf and Shredded Lettuce									
Tomato Slices									
American Cheese	x								

Ribs and Pork

Ribs (without sauce)									x
Pork Chops							x	†	x

Seafood

Tilapia					•		x	†	x
English Style Cod					•		x	†	x
Shrimp				•	x		x	†	†
Catfish					•		x	†	x

KEY

x = contains allergen

† = contains ingredient that may cause sensitivity

• = products prepared in common equipment and may contain allergen

= contains Soybean oil, which is not indicated as an allergen.

According to the Food Allergy & Anaphylaxis Network, studies have shown that most soy-allergic individuals may safely eat most types of Soybean oil (foodallergy.org).



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Sides

Broasted Shack Potatoes (no butter)					•				
French Fries					•				
Broasted Shack Mushrooms				•	•		x	†	x
Onion Rings					•	x	x	†	
Corn (no butter)									
Cole Slaw		x							
Dinner Rolls							x	x	†

Sauces

BBQ						x			†
Honey Mustard						x			†
Hot and Spicy									
Ranch	x	x				x			x
Sour Cream	x								
Butter Sauce for Broasted Potatoes and Corn						x			x

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Notes:

Suggestions for wheat and gluten sensitive individuals

-Ribs with BBQ sauce

-Grilled Chicken Sandwich with no bun

-Broasted Potatoes

-Cole Slaw

Broasted or Fried items are prepared in a cooking oil that may contain soybean oil.

The information contained here is current as of June 19th, 2011. Variations may occur due to differences in suppliers, ingredient substitutions, or recipe revisions.